Warning Signs of Domestic Violence

**Batterer**
These are some characteristics common to perpetrators of domestic violence.

- Extreme Jealousy
- Controlling Behavior
- Unpredictable Behavior
- Unrealistic Expectations
- Isolates Victim
- Blames Others
- Minimizes or Denies Abuse
- Hypersensitive
- Cruel to Children or Animals
- Uses Force During Sex
- Verbally Abusive
- Sudden Mood Swings
- Past History of Battering
- Threatens Violence
- Breaks or Strikes Objects
- Uses Force During an Argument

**Victim**
Victims often display these characteristics. The longer the abuse continues, the more extreme these characteristics become.

- Physical Signs of Injury
- Low Self-Esteem
- Depression
- Isolated From Family & Friends
- Blames Self
- Suffers from Anxiety
- Abusive Toward Others
- Neglects Self or Children
- Feels Hopeless
- Makes Excuses for Batterer
- Suffers from Post-Traumatic Stress Disorder
- Self-Medicates With Drugs or Alcohol

If someone you know needs help, call 1-800-799-SAFE
Or
The Center for Violence Prevention
P.O. Box 6279
Pearl, MS 39288
601-932-4198, 800-266-4198
Effects of Domestic Violence on Children

Children of all ages are negatively impacted by domestic abuse. There are no exceptions to this rule. This is a limited list of consequences some children suffer from abuse in the home.

**Physical**
- Physical Abuse
- Chronic Head Aches
- Stomach or Digestive Problems
- Bedwetting
- Increased or Decreased Appetite
- Trouble Sleeping
- Hair Pulling or Nail Biting
- Developmental Delays

**Behavioral, Social & Emotional**
- Aggressive
- Angry
- Hostile
- Oppositional Behavior
- Fear
- Anxiety
- Withdrawal
- Depression
- Low Self-Esteem
- Nightmares
- Phobias
- Passive or Clingy
- Role Reversal
- Poor Impulse Control

**Cognitive Problems**
- Lower Cognitive Functioning
- Poor School Performance
- Lack of Conflict Resolution Skills
- Pro-Violence Attitude
- Belief in Rigid Gender Stereotypes

Long-term effects on children include a higher rate of adult depression, and an increased tolerance for violence in relationships. Boys raised in abusive homes often grow up to be abusers; and girls raised in abusive homes often grow up to be victims.