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2/3 of sexual assaults are committed by someone the victim knows.

In the U.S., one in three women and one in six men experienced some form of contact sexual violence in their lifetime.

14% of married women have been raped or attempted rape by their husbands.

3% of American men have experienced an attempted or completed rape in their lifetime.

1 in 6 American women have experienced an attempted or completed rape in their lifetime.

12-34 are the highest risk years for sexual assault/rape.

8/10 victims of sexual violence know their attacker.

Sexual assaulted is not about lust and desire; It’s a violent crime of power, control and dominance.

You did not do anything to cause the abuse. It doesn’t matter what you were wearing, what you were doing, what you said. If you were drinking. If you are his friend or partner. Abuse can happen at any time, without notice and there is nothing you could have done to stop it.

**What to do if you are a victim**

1. Go to a safe place and call 911.
2. Seek medical attention, even if you think you are not injured.
3. You may have injuries that you can’t see. Try to preserve the evidence and keep the clothes that you were wearing.
4. Report the incident to the police. This can help you regain a sense of power and control.
5. Seeking advice/counseling can help with the emotional and psychological aspects of your well-being.

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